

Emotionally Focused Therapy Externship

with George Faller



George Faller, LMFT, ICEEFT
*Certified Emotionally Focused
Therapist and Trainer*

When:

March 10-13, 2025

Where:

Huntington, WV

CEs:

26 Available for Counselors
(CEU's pending for Social Work
and Psychology)

Registration Fees:

- **Professional:** \$599
- **Provisionally licensed or under supervision for licensure:** \$499
- **Group of 4 or more:** \$399/person
- **Student:** \$299
- **Early Bird:** \$50 off above rates if registered by October 31, 2024

About the Training:

A 4-day externship includes presentations of theory, clinical techniques and skills, training exercises, video recordings, observation of live interviews and discussion of specific cases and clinical issues. Along with didactic presentation, this training will incorporate participant role plays in small group settings to practice this experiential model, as well as opportunity to observe trainers working with a couple live. The externship is a pre-requisite for Master classes and advanced Core Skills training in EFT.

Learning objectives:

- Participants will obtain a clear understanding of the basic experiential and systemic concepts of an "Emotionally Focused" approach to therapy.
- Participants will be able to view clients in the web of their interpersonal attachments and conceptualize relationship distress and repair based on theories of attachment and emotion.
- EFT is a relational therapy. The Externship will focus on the general model of EFT as laid out in the 2019 book, Attachment Theory in Practice, and teach the model as implemented in couple and individual therapy sessions.
- Participants will develop skills in sharing and maintaining an engaged, open and collaborative alliance with clients.
- Participants will develop skills in the 5 moves of the basic macro-intervention – the EFT Tango – in order to change patterns of affect regulation, models of self and other, strategies for engaging others and interactional patterns.
- Participants will develop skills in EFT micro interventions taken from experiential and systemic models of intervention.
- Participants will develop skills in overcoming common blocks and impasses in all three therapy modalities and so shaping core corrective emotional experiences that lead to constructive dependency and what Rogers termed 'existential living.'

 Cabell Huntington Hospital
**COUNSELING
CENTER**

A member of Marshall Health Network



**SCAN TO
REGISTER**

For more information contact Christie Eastman at the Cabell Huntington Hospital Counseling Center at 304-526-2634 or christie.eastman@chhi.org